

13th Congress of the European Society of Contraception and Reproductive Health



LISBONPORTUGAL

**CHALLENGES IN SEXUAL AND
REPRODUCTIVE HEALTH
28 - 31 MAY 2014**

Dates to remember

15 February 2014

15 April 2014

28 May 2014

First deadline for early registration fee

Second deadline for early registration fee

Opening Ceremony and Welcome Reception





Dear colleagues

It is with great pleasure that we announce that the 13th Congress of the European Society of Contraception and Reproductive Health will take place in Lisbon from 28 to 31 May 2014.

The main objective of Reproductive Health is that the population has a safe and satisfactory sexual life as well as the capacity to decide when and how often to have children. Despite the enormous progress in the access to safe contraception, it is estimated that more than 120 million women throughout the world wish to avoid pregnancy but do not practice effective contraception. There are many reasons for this: the healthcare services do not provide adequate support, information and methods of contraception are still not available in many places or options are limited.

Portugal was one of the last countries in Europe to legalise abortion and since then the mortality and morbidity regarding abortion is decreasing. We are an example of how a society can change.

At the Lisbon 13th ESC Congress whose theme is “Challenges in Sexual and Reproductive Health”, we propose to present and discuss the latest scientific information and knowledge regarding contraception as well as to promote the right of each individual’s access to adequate health services and to be informed of methods of family planning.

Lisbon is a city that combines the charms of old times with modern state-of-the-art facilities. Here, you can enjoy visits to historical monuments, exciting cultural events, superb traditional cuisine amidst all the comforts of a modern city.

The proverbial warm and spontaneous hospitality of the city’s inhabitants together with its gentle climate will combine to offer you a very warm reception to what promises to be a highly productive and very enjoyable and successful meeting.

Save the date of this event and come to Lisbon.

Best wishes,

Teresa Bombas, Congress President

Johannes Bitzer, ESC President



Contact & organisation

Congress Secretariat

ESC Central Office

Orga-Med Congress office | Opalfeneweg 3 | 1740 Ternat | Belgium

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www.escrh.eu/events/esc-events/2014

Local PCO (local arrangements)

Mundiconvenius

Avenida 5 de Outubro, 53-2 | 1050-048 Lisbon | Portugal

Tel: +351213155135 | Fax: + 351213558002 | Email: esc2014@mundiconvenius.pt

www.mundiconvenius.pt

Congress Venue

Lisboa Congress Centre

Praça das Indústrias | 1300-307 Lisboa | Portugal

Tel: +351 213601400 | Email: lisboacc@aip.pt

www.lisboacc.pt

Scientific Committee

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Hosting Society:

Sociedade Portuguesa da Contraceção (SPDC)

Under the auspices of:

Federação das Sociedades Portuguesas de Obstetrícia e Ginecologia (FSPOG)





Practical information

Opening hours of the registration desk

- Pre-congress workshop 1: Wednesday, May 28: 09:00 - 09:30
- Wednesday, May 28: 12:00 - 18:00
- Thursday, May 29: 08:00 - 18:00
- Friday, May 30: 08:30 - 16:00
- Saturday, May 31: 08:30 - 12:00

CME Credits

The request for European accreditation will be submitted to the UEMS/EAC-CME. The number of the granted European CME Credits will be announced in due course.

Letter of invitation

The congress organisation will be pleased to send a formal letter of invitation to delegates requesting one for visa purposes. You can apply for an invitation letter online during the registration process on the congress website. The letter will be sent as e-mail attachment.

Lunches

Lunch will be provided on Thursday (29 May) and Friday (30 May).

Currency & credit cards

The currency in Portugal is the Euro. All conference fees and rates are charged in Euro only.

Insurance, liability

ESC does not accept liability for individual medical, travel or personal insurance, and participants are strongly advised to take out their own personal insurance policies in their country of origin.

Electricity

European type 2 pin sockets with 220 volts AC at 50 cycles are used.

Conference language

The conference language is English.

Tipping

Tipping is optional, but normally 10% is customary in taxis, restaurants and bars.

Climate

The day-time temperature in May ranges between 15 and 25 °C. Nights can be chilly and occasional drizzle can be expected.

Local time

Mainland Portugal is 1 hour behind European Standard Time [GMT] and the same time as the UK.

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Travel

Travel to Lisbon

Lisbon International Airport, 7 km from the city centre, has daily flights to and from the major cities in Europe and the world. Connections with the city centre include: the underground / metro (red line) and the aerobus departing every 20 minutes (between 7:00 and 21:00) and then every half hour until 23:00. Taxis are not expensive and take approximately 20 minutes from the airport.

Journey to Lisbon by road

Arriving in Lisbon by road is a pleasant experience, as the visitor can enjoy the beautiful countryside along the way.

Travel to Lisbon by rail

A lot of national and international trains arrive in Lisbon every day. In addition to Santa Apolónia terminal station, you will find the Gare do Oriente, which opened in 1998 adjacent to the Parque das Nações. Both stations have direct bus or underground connections to the city centre.

How to get from the city centre to the convention centre

Lisbon has a very efficient public transport network which covers the entire city in addition to the surrounding areas.

The Centro de Congressos de Lisboa is located in an area easily accessible by bus (lines 756, 727 – bus stop: Rua da Junqueira/Centro de Congressos, and line 728 – bus stop: Hospital Egas Moniz/ Av. Da Índia) or tram (line 15E - stop: Rua da Junqueira /Centro de Congressos).



About Lisbon

Lisbon is known as the white city, thanks to its unique light. The clear light and the pleasant and mild climate allow for marvellous walks all over the city. The city has a beauty that extends beyond its famed monuments that can be experienced in the streets, embraced by all the senses.

PASSION FOR THE STREETS The Bairro Alto is one of the most characterful and attractive neighbourhoods in the city. The Bairro Alto boasts boutiques and bars and is a place where people meet in an eclectic and multicultural atmosphere. Traditional restaurants nestle alongside cosy bookshops; tea rooms serving signature cakes vie for attention with funky design shops and the boutiques of the most respected Portuguese fashion designers.

The Carmo area has some of the most fascinating historical sites in the city, such as the Convent and Church of Carmo, which maintain their elegance and grandeur. Don't miss the Museu Arqueológico do Carmo, which houses a collection of artefacts from pre-historic, Roman, Medieval, Manueline, Renaissance and Baroque periods. Largo do Carmo was the site of important events in the 1974 Revolution. Carmo is connected to the Baixa by the Elevador de Santa Justa, another of Lisbon's icons. The Elevador, designed by a disciple of Gustave Eiffel, is open to the public and boasts impressive views over the Baixa Pombalina and the rest of Lisbon.

The Baixa (center) is the city's traditional shopping district where visitors can stroll around the streets and find dozens of shops offering a wide range of temptations. Rua Augusta is the main artery of the Baixa Pombalina leading north from Terreiro do Paço (known as Black Horse Square by the English), to the beautiful Praça do Rossio (Praça Dom Pedro V). Just north of Rossio, discover Avenida da Liberdade, which in the 19th century, was the favourite promenade for the Lisbon élite. Today, the Avenida is home to exclusive international boutiques to tempt and inspire.

Up the hill, after passing the viewpoints of Santa Luzia and Portas do Sol, there is the Castelo de São Jorge, where the history of the city began. This is one of the most visited monuments in the city, not only for its historical and cultural importance, but also for its magnificent views over Lisbon.





THE CALL OF THE SEA Strolling down to Santa Apolónia to explore the riverside neighbourhood. Next along the riverside is the neighbourhood with the largest number of heritage sites connected with the Portuguese voyages of discovery: Belém. It was from the beach in Belém that Vasco da Gama set sail to discover the sea route to India and the grandiosity of the former empire can be sensed throughout the area.

One of the most imposing symbols of the city is here - the Mosteiro dos Jerónimos. The monastery church, the Igreja de Santa Maria de Belém, is a magnificent church. The tombs of Vasco da Gama and the epic poet Luís de Camões can be found in the church.

Also in Belém, on the river bank, is another marvellous Manueline monument, the Torre de Belém. Much more recent, but still invoking the grandeur of the Age of Discovery, is the Padrão dos Descobrimentos in Belém.

The Parque das Nações – the riverside venue for Expo98 - is ideal for all ages. Located in the eastern part of Lisbon, this extensive cultural, entertainment, residential and corporate complex is a focus of the city's cultural life.

The Lisbon Docas – west of the city centre -, particularly Alcântara, are a favourite meeting place for the people of Lisbon. Families, friends and people of all ages enjoy the river views and the wide variety of places to walk and spend time with friends. Café terraces, bars and restaurants bustle with the hubbub of people enjoying themselves.

Social programme

Wednesday, 28 May 2014 - 18:00 - 20:30

Opening Ceremony and Welcome Reception

All participants are warmly invited to join us for the Opening Ceremony. It will be an entertaining and eventful introduction to the congress. After the Opening Ceremony, we invite our delegates to attend the Welcome Reception. Attendance at the Opening Ceremony and Welcome Reception are complimentary for registered participants.

Friday, 30 May 2014 - Congress Dinner

The 13th ESC Congress will not only be about science, but also about having a good time. Sign up for this event and enjoy a fantastic evening in the company of your friends and colleagues at Restaurant Kais. Restaurant Kais is housed in a late XIX century old warehouse, by the riverside, which was used to generate energy for Portuguese trams that still work in our days.

Dress code: business casual

Included in the fee for the Congress Dinner:

- Transport from and to the Lisboa Congress Centre
- Pre-dinner drink, wine, water and coffee during dinner
- Starter, main dish, dessert
- Two tickets for drinks at the dancing area
- Dancing area open to the general public at 23:00

Saturday, 31 May 2014 - Closing and Award Ceremony

The Closing and Award Ceremony will be held after the last session of the congress. During this Ceremony, presentations will be made to the winners of the Awards. At the end of the Ceremony we will say goodbye to Portugal and welcome the country hosting the next congress: Switzerland.



Scientific Programme

The Scientific Committee is putting together a high standard, well balanced scientific programme, offering current topics and excellent speakers.

The theme of the congress is: "Challenges in Sexual and Reproductive Health".

- Keynote lectures and keynote sessions are plenary sessions. Leading experts will present specific subjects.
- Congress sessions: in each of these sessions, experts will provide up to date information on a particular topic.
- Symposia will be the platform for the pharmaceutical companies.
- Workshops are meant as interactive sessions, introduced by experts in the field and followed by a discussion with the audience.
- Debate: is meant as an interactive session, introduced by two experts in the field (pro/con) and followed by an in depth discussion with the audience.
- Free communication sessions: a selection of the submitted free communications will be scheduled into separate free communication sessions.
- Poster presentations are chosen from the submitted abstracts and will carry equivalent scientific status to free communications in the programme.
- A Young Scientist session aims to provide a special platform for paper presentations by young scientists. The session is primarily targeted at Fellows and Ph.D. students, but the only inclusion criterion is the age, <35 years.
- Joint Society sessions will discuss a specific item within their area of interest.

Pre-congress workshops

Workshop 1: Let's talk about sex

Date & location: 28 May 2014, from 09:00 till 17:00, Lisboa Congress Centre, Lisbon, Portugal

Registration: If you are interested in attending the pre-congress workshop, please indicate this on the congress registration form or send an e-mail to: nancy.habils@escrh.eu. We will then send you an application form.

Registration fee: 50 Euro

Aim: This is a workshop for professionals involved or interested in sexual medicine and sexuality education (SE). We would like to know more about the background of the participants, we therefore ask you to complete an application form where you should add your motive to register for this workshop. We will adapt the program as much as possible. We will provide a certificate of attendance to the participants. This workshop is limited to 40 participants maximum. This interactive workshop is developed and will be delivered by the Expert Group on Sexual Medicine and Sex Education. Workshop co-ordinator: O. Loeber (the Netherlands).

Communication about sexuality in a medical setting: pitfalls and recommendations: This interactive workshop allows participants to explore common pitfalls when addressing sexuality with their patients in a medical setting. After a short theoretical introduction on communication and counselling in the field of sexuality, members of the expert group will show different problems that can arise in dealing with and communicating about sexuality. We will also touch on what forms of therapy may be used to help patients with sexual problems. Participants are invited to contribute their experiences and skills in this area to help patients tell their stories and get the level of care they need. Using this and other examples from the participants' daily practice we will formulate take-home messages and good practice points.

Scientific programme: www.escrh.eu/precongresssex



Workshop 2: Joint Session ESC - SPG - SEGO - ISPOG Psychosomatic Gynecology and Contraception

Organised by:

- The European Society of Contraception and Reproductive Health (ESC)
- Portuguese Society of Gynecology (SPG): Interest Group POG
- Spanish Society of Gynecology and Obstetrics (SEGO):
Psychosomatic section
- International Society of Psychosomatic Obstetrics and Gynaecology (ISPOG)

Date & location: 28 May 2014, from 14:00 till 16:00, Lisboa Congress Centre, Lisbon, Portugal

Registration: If you are interested in attending the pre-congress workshop, please indicate this on the congress registration form or send an e-mail to: nancy.habils@escrh.eu.

Registration fee: free

Scientific programme

<http://www.escrh.eu/events/esc-events/2014/precongressworkshops>



Wednesday 28 May 2014

18:00 - 19:30 Opening Ceremony
19:30 Opening Reception

Thursday 29 May 2014

08:30 - 09:00 **Keynote lecture**

Aletta Jacobs

09:00 - 10:00 **Keynote session**

ESC, 25 years on Reproductive Health differences

10:00 - 10:30 **Break and poster viewing**

10:30 - 12:00 **Congress session 1**

Reproductive health care in vulnerable groups

12:00 - 13:45 **Lunch**

12:15 - 13:45 **Sponsored symposium**

Bayer

13:45 - 15:15 **Congress session 4**

Contraceptive practice

15:15 - 15:45 **Break and poster viewing**

15:45 - 17:15 **Sponsored Symposium**

Bayer

17:15 - 18:15

Congress session 2 Green Contraception	Congress session 3 Steroids-pharmacology	Joint Society session 1 ESC - ESSM	Joint Society session 2 ESC - SFC
Workshop 1 Facts and myths on contraception	Workshop 2 ESC granted projects	Workshop 3 Hands-on: IUD and implants	Workshop 4 How to write a paper
Congress session 5 Sexual health STI prevention	Joint Society session 3 ESC - ECEC Emergency contraception	Congress session 6 Gynaecological oncology	Joint Society Session 4 ESC - EBCOG
Congress session 7 Talking about sexuality in your office	Congress session 8 Fertility awareness	WHO symposium Long term follow-up of Etonogestrel and Levonorgestrel contraceptive implants	Free Communications
ESC Gen. Assembly (members only)			

08:30 - 09:00	Keynote lecture Demography of the unmet need for contraception?				
09:00 - 10:00	Keynote session Sexual rights, looking at Europe and beyond				
10:00 - 10:30	Break and poster viewing				
10:30 - 12:00	Congress session 9 Abortion	Congress session 10 LARC	Joint Society Session 5 ESC - CIC	Congress session 11 Obstetrics and contraception	Free Communications
12:00 - 13:45	Lunch				
12:15 - 13:45	Sponsored symposium	Workshop 5 How to deal with adverse effects of hormonal contraception	Workshop 6 Medical abortion	Workshop 7 History of contraception	Workshop 8 Headlines and news in hormonal contraception
13:45 - 15:15	Sponsored Symposium	Congress session 12 Adolescents with special needs	Congress session 13 Sexual education across Europe	Congress session 14 Evidence based practice: fact or fiction?	Free Communications
15:15 - 15:45	Break and poster viewing				
15:45 - 17:15	Congress session 15 Sexual assault - Standards of care	Congress session 16 Conscientious objection in abortion care: permissible or unacceptable?	Congress session 17 HPV-infection and vaccination	Congress session 18 Endocrinology/PCO	Free Communications Young Scientist Session
17:15 - 18:15	Congress Session 19 Medical conditions	Congress Session 20 Permanent contraception	Debate Pharma and education Industry-sponsored research: how to eliminate bias?	Non medics information sharing session	Best Poster Session
17:15 - 18:15	Sponsored Symposium Bayer				

Saturday 31 May 2014

08:30 - 09:00	Keynote lecture Thrombosis
09:00 - 10:00	Keynote session Epidemiology: results and clinical practice
10:00 - 10:30	Break and poster viewing
10:30 - 12:00	Congress session 21 Benefits of contraception & future of contraception (including male)
12:00 - 13:00	Closing session

Abbreviations

KS: Keynote Session
 S: Congress Session
 JSS: Joint Society Session
 SS: Sponsored Symposium
 WS: Workshop
 D: Debate

Scientific Programme

Wednesday, 28 May 2014

18:00 - 19:30 **Opening Ceremony**
 19:30 **Opening Reception**

Thursday, 29 May 2014

08:30 - 09:00 **KL01 - Keynote Lecture 1**
 Auditorium I *Chairs: J.-J. Amy (Belgium) - D. Lazaris (Greece) - T. Bombas (Portugal)*
 Aletta Jacobs
 Saskia Wieringa (the Netherlands)

09:00 - 10:00 **KS01 - ESC, 25 years on Reproductive Health differences**
 Auditorium I *Chairs: J. Bitzer (Switzerland) - I. Blidaru (Romania) - D. Rebelo (Portugal)*

09:00 - 09:30 KS01.1- ESC 25 years
David Serfaty (France)

09:30 - 10:00 KS01.2- Reproductive health differences in Europe
Bojana Pinter (Slovenia)

10:00 - 10:30 **Break & Poster Viewing**

10:30 - 12:00 **Parallel sessions**

Auditorium I **S01 - Reproductive health care in vulnerable groups**
Chairs: A. Pacheco (Portugal) - D. Seidman (Israel) - M. Angeles Gomez (Spain)

10:30 - 10:50 S01.1- Contraception in patients with psychiatric disorders
Sybil Tschudin (Switzerland)

10:50 - 11:10 S01.2- Contraception and reproductive health care in immigrants - do they get a different treatment?
Amos Ber (Israel)

- 11:10 - 11:30 S01.3- The challenges of family planning provision in a day clinic of a general hospital in the era of the economic crisis
Perikles Panagopoulos (Greece)
- 11:30 - 11:50 S01.4- Promoting sexual and reproductive health in the UK
Kaye Wellings (UK)

Auditorium II S02 - Green Contraception

Chairs: R. Sitruk-Ware (USA) - Ph. Bouchard (France)

- 10:30 - 10:55 S02.1- Green contraception: developing a green score for contraceptive products
Diana Blithe (USA)
- 10:55 - 11:20 S02.2- Multipurpose prevention technologies (MPTs) for sexual and reproductive health: one product to meet multiple needs
Judy Manning (USA)
- 11:20 - 11:45 S02.3- DMAU for Male contraception, a new option for greener contraception?
Christina Wang (USA)

Auditorium III/IV S03 - Steroids - pharmacology

Chairs: T. Rabe (Germany) - X. Ruan (China)

- 10:30 - 10:50 S03.1- Pharmacological view to reduce possible risks of hormonal contraception: administration modus – VTE risk
Alfred O. Mueck (Germany)
- 10:50 - 11:10 S03.2- Type, dose of hormones: metabolic risks
Kai Böhling (Germany)
- 11:10 - 11:30 S03.3- Type, dose of hormones: breast cancer risk
Xiangyan Ruan (China)
- 11:30 - 11:50 S03.4- Hormonal contraception and bone metabolism
Constantino di Carlo (Italy)

Room 5B/C JSS01 - ESC-ESSM joint session

Why do so many young women so often have sex that hurts?

Chairs: C. Reisman (the Netherlands) - R. van Lunsen (the Netherlands)

- 10:30 - 10:55 JSS01.1- Prioritizing the partner's enjoyment: studies on young Swedish women with experience of pain during vaginal intercourse
Eva Elmerstig (Sweden)
- 10:55 - 11:20 JSS01.2- Sexual encounters; women's wishes and expectations (what do women want?)
Andrea Burri (Switzerland)
- 11:20 - 11:45 JSS01.3- The Amsterdam multifacettal approach of sexual pain disorders aiming at restoring sexual pleasure
Rik van Lunsen, Charlotte Gaasterland & Ellen Laan (the Netherlands)

Room 5A JSS02 - ESC - SFC joint session - in French
Chairs: M. Bouzekrini (Algeria), H. Chelli (Tunisia), M. Yacoubi (Morocco), B. Thieba-Bonane (Burkina Faso), R.X. Perrin (Benin), D. Serfaty (France)

- 10:30 - 10:55 JSS02.1- Intérêt des méthodes de contraception de semi-longue durée
David Serfaty (France)
- 10:55 - 11:20 JSS02.2- Espacement des naissances: son impact sur la santé maternelle et infantile
Jean-Jacques Amy (Belgium)
- 11:20 - 11:45 JSS02.3- Initiation de la contraception hormonale conjointement par les infirmières et les pharmaciens sans prescription médicale - l'expérience québécoise
Edith Guilbert (Canada)

12:00 - 13:45 **Lunch & parallel sessions**

Auditorium I SS01 - Sponsored Symposium Bayer

Room 5B/C WS01 - Facts and myths on contraception (with interactive voting)
max. 100 partic.
Moderators: M. Kishen (UK), S. Randall (UK), J. Bitzer (Switzerland)
Myths and facts about: hormonal contraception, IUDs, emergency contraception, barrier methods, natural family planning

- Room 1.06** **WS02 - ESC granted projects**
Chairs: G. Bartfai (Hungary) - D. Apter (Finland)
- 12:15 - 12:30 WS02.1- Contraceptive practice and use of women requesting the surgical termination of pregnancy in Latvia
Ilze Viberga (Latvia)
- 12:30 - 12:45 WS02.2- Emergency contraception: a guideline for service provision in Europe
Anne Webb (UK)
- 12:45 - 13:00 WS02.3- Attitudes to Long Acting Reversible Contraception
Caitriona Henchion (Ireland) - t.b.c.
- 13:00 - 13:15 WS02.4- Routine follow-up versus self-assessment of complete abortion following medical abortion, effect on its success and acceptability: a randomized controlled trial
Kristina Gemzell Danielsson (Sweden)
- 13:15 - 13:30 WS02.5- The sexual and reproductive health research in Latvia
Iveta Kelle (Latvia)

- Room 1.08** **WS03 - Hands-on training IUD and implants**
 max. 40 partic. *Moderators: R. Beerthuisen (the Netherlands) - J. Neves (Portugal)*

- Room 5A** **WS04 - How to write a paper**
 max. 60 partic. *Moderators: J.-J. Amy (Belgium) - M. Berer (UK)*

13:45 - 15:15 **Parallel sessions**

- Auditorium I** **S04 - Contraceptive practice**
Chairs: S. Cameron (UK) - H. Kopp Kallner (Sweden)
- 13:45 - 14:10 S04.1- OC OTC
Ali Kubba (UK)
- 14:10 - 14:35 S04.2- Compliance with contraception
Jan Brynhildsen (Sweden)
- 14:35 - 15:00 S04.3 - What do women and men want and do?
 Results from a survey in Austria and Sweden
Christian Fiala (Austria)

- Auditorium II S05 - Sexual health STI prevention**
 Session organised by the ESC Expert Group on STI
Chairs: M. Merckx (Belgium) - G. Donders (Belgium)
- 13:45 - 14:05 S05.1- Vulvo-Vestibulitis higher risk for women with hormonal contraception?
Peter Greenhouse (UK)
- 14:05 - 14:25 S05.2- Women with abortion higher risk for STI?
Brigitte Frey-Tirri (Switzerland)
- 14:25 - 14:45 S05.3- Recurrent vulvo-vaginal candida infection
Paddy Horner (UK)
- 14:45 - 15:05 S05.4 - Surveillance of STI
Babill Stray Pedersen (Norway)
- Auditorium III/IV JSS03 - ESC - ECEC joint session**
 Emergency Contraception: remaining barriers and how to overcome them
Chairs: M. Lech (Poland) - C. Puig (ECEC)
- 13:45 - 14:10 JSS03.1- Is access to EC equitable for all European women?
Caroline Moreau (France)
- 14:10 - 14:35 JSS03.2- UPA and LNG: differences and advantages
Sharon Cameron (UK)
- 14:35 - 15:00 JSS03.3- EC bridging to effective contraception
Anna Glasier (UK)
- Room 5B/C S06 - Gynaecological oncology**
Chairs: I. Lete Lasa (Spain) - A. Mueck (Germany) - E. Arisi (Italy)
- 13:45 - 14:10 S06.1- Hormonal contraception, HPV and cancer
Xavier Castellsagué (Spain)
- 14:10 - 14:35 S06.2- Ovarian cryopreservation in women with cancer
Laura Almeida (Spain)
- 14:35 - 15:00 S06.3- Primary prevention of HPV in adolescence
Nicolaos Salakos (Greece)
- Room 5A JSS04 - ESC - EBCOG joint session**
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- 15:15 - 15:45 **Break & Poster Viewing**
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15:45 - 17:15	Parallel sessions
Auditorium I	SS02 - Sponsored Symposium Bayer
Auditorium II	S07 - Workshop: talking about sexuality in your office Session organised by the ESC Expert Group on Sexual Medicine and Sex Education <i>Chair: Olga Loeber (the Netherlands)</i>
15:45 - 16:15	S07.1- Sexuality and sexual counselling <i>Olaf Kapella (Austria) and Christine Winkelmann (Germany)</i>
16:15 - 17:15	S07.2- Practising counselling skills <i>L. Erofeeva (Russia) - O. Kapella (Austria) - O. Loeber (the Netherlands) - S. Reuter (UK) - U. Sauer (UK) - S. van der Doef (the Netherlands) - C. Winkelmann (Germany)</i>
Auditorium III/IV	S08 - Fertility awareness Session organised by the ESC Expert Group on Non-hormonal methods of Contraception <i>Chairs: R. Beerthuizen (the Netherlands) - G. Freund (Germany)</i>
15:45 - 16:10	S08.1- Sexually transmitted infections and spermicides <i>Joao Ramalho Santos (Portugal)</i>
16:10 - 16:35	S08.2- New results (2014) on efficacy of Sensiplan <i>Ursula Sottong (Germany)</i>
16:35 - 17:00	S08.3- Review on studies concerning use of new technologies (NT) in NFP <i>Christian Gnoth (Germany)</i>
Room 5B/C	WHO symposium Long term follow-up of Etonogestrel and Levonorgestrel contraceptive implants: comparing effectiveness, continuation rates and adverse effects <i>Chair: Mario Festin (WHO)</i>
15:45 - 16:10	WHO.1- Background and study methodology <i>Vivian Brache (Profamilia, Dominican Republic)</i>
16:10 - 16:35	WHO.2- Baseline and three year follow up analysis <i>Luis Bahamondes (Brazil)</i>

16:35 - 17:00 WHO.3- Five year follow up analysis
Moazzam Ali (WHO)

Room 5A FC01 - Free Communication Session 1

17:15 - 18:15 ESC General Assembly (members only)
Auditorium II



Friday, 30 May 2014

08:30 - 09:00 **KL02 - Keynote lecture 2**
 Auditorium I *Chairs: T. Bombas (Portugal) - M. Short (Ireland) - P. Patroclou (Cyprus)*
 Demography of the unmet need for contraception?
Gilda Sedgh (USA)

09:00 - 10:00 **KS02 - Sexual rights, looking at Europe and beyond**
 Auditorium I *Chairs: K. Gemzell-Danielsson (Sweden) - C. Fiala (Austria) - B. Zilaitiene (Lithuania)*

09:00 - 09:30 KS02.1- Sexual and reproductive health and rights: 20 years post Cairo
Marleen Temmerman (WHO)

09:30 - 10:00 KS02.2- Sexual and reproductive rights: how human rights and medical ethics overlap
Johanna Westeson (Centre for Reproductive Rights)

10:00 - 10:30 **Break & Poster Viewing**

10:30 - 12:00 **Parallel sessions**

Auditorium I **S09 - Abortion**
Chairs: A. Verougstraete (Belgium) - V. Prilepskaya (Russia) - E. Vasco (Portugal)

10:30 - 10:55 S09.1- An update on medical abortion care
Kristina Gemzell-Danielsson (Sweden)

10:55 - 11:20 S09.2- Abortion in Poland: before and after 7 January 1993
Joanna Dec-Pietrowska (IPPF - Poland)

11:20 - 11:45 S09.3- Abortion in Europe: the migrants' share in the abortion rates
Lisa Ferreira Vicente (Portugal)

Auditorium II **S10 - Long Acting Reversible Contraception (LARC)**
Chairs: M. Kishen (UK) - A. Rosa Costa (Portugal) - E. Cengic (Bosnia and Herzegovina)

10:30 - 10:55 S10.1- Long Acting Reversible Contraception: an update
Rob Beerhuizen (the Netherlands)

- 10:55 - 11:20 S10.2- Management of bleeding problems related to the use of hormonal implants and hormone-releasing intra-uterine systems
Frans Roumen (the Netherlands)
- 11:20 - 11:45 S10.3- The challenge to perfect intrauterine contraception to maximize continuation of use
Dirk Wildemeersch (Belgium)

Auditorium III/IV JSS05 - ESC - Confederación Iberoamericana de Contracepción joint session

- Same religion different realities in sexual and reproductive health
Chairs: M. do Ceu Almeida (Portugal) - I. Ramirez Polo (Spain)
- 10:30 - 10:55 JSS05.1- Fertility regulation in the last 50 years in Chile: church, state and medicine
Patricio Barriga Pooley (SOCHEG, Chile)
- 10:55 - 11:20 JSS05.2- Facing the challenge of adolescent pregnancy
Silvia Bonsergent (AMADA, Argentina)
- 11:20 - 11:45 JSS05.3- Abortion after adolescent sexual violence: different laws and chances
Carme Coll (Spain)

Room 5B/C S11 - Obstetrics and contraception: improving maternal health care

- Chairs: J. Bitzer (Switzerland) - T. Sousa Fernandes (Portugal)*
- 10:30 - 10:55 S11.1- Maternal mortality: historical trends and contraception
Paulo Moura (Portugal)
- 10:55 - 11:20 S11.2- The importance of prenatal counselling in high risk women
Chiara Benedetto (Italy)
- 11:20 - 11:45 S11.3- Choices in post partum contraception
Anna Glasier (UK)

Room 5A FC02 - Free Communication Session 2

12:00 - 13:45 Lunch & parallel sessions

Auditorium I	SS03 - Sponsored Symposium
Room 5A	<p>WS05 - How to deal with adverse effects of hormonal contraception <i>Moderators: K. Sedlecky (Serbia), M. Lech (Poland), G. Bartfai (Hungary)</i> How to deal with: irregular bleeding, mood swings, depressive symptoms, impairment of sexual function, weight gain, acne, hirsutism, bloating, headache, lower abdominal pain, premenstrual symptoms</p>
Room 5B/C	<p>WS06 - Medical abortion Workshop organised by the Expert Group on Abortion <i>Chairs: E. Aubény (France) - A. Stofa Gruntar (Slovenia)</i></p> <p>12:15 - 12:35 WS06.1- Update on the use of mifepristone and misoprostol for 1^o trimester abortion <i>Eduardo Lopez Arregui (Spain)</i></p> <p>12:35 - 12:55 WS06.2- How to deal with secondary effects of medical abortion: pain, blood loss <i>Teresa Bombas (Portugal)</i></p> <p>12:55 - 13:15 WS06.3- Discussing the best way of follow-up <i>Christian Fiala (Austria)</i></p> <p>13:15 - 13:35 WS06.4- Contraception after abortion: quick start <i>Sam Rowlands (UK)</i></p>
Room 1.08	<p>WS07 - History of contraception <i>Chairs: J.-J. Amy (Belgium) - M. Oliveira da Silva (Portugal)</i></p> <p>12:15 - 12:40 WS07.1- A brief history of intrauterine contraception <i>Rob Beerthuizen (the Netherlands)</i></p> <p>12:40 - 13:05 WS07.2- Marie Carmichael Stopes – a pioneer whose name lives on <i>Anne Webb (UK)</i></p> <p>13:05 - 13:30 WS07.3- Birth control and the Law in the USA, 1800-1973: a story of repression <i>Jean-Jacques Amy (Belgium)</i></p>
Auditorium III/IV	<p>WS08 - Headlines and news in hormonal contraception <i>Chairs: G. Merki (Switzerland) - F. Palma (Portugal)</i></p>

- 12:15 - 12:40 WS08.1- Hormonal Contraception after bariatric surgery
Ilze Viberga (Latvia)
- 12:40 - 13:05 WS08.2- Jaydess: a new three-year hormone-releasing IUD: impact of a very low hormone dosage on bleeding pattern and side effects
Diana Mansour (UK)
- 13:05 - 13:30 WS08.3- Combined pills and venous thromboembolism: what are first choice preparations
Ian Milsom (Sweden)

13:45 - 15:15 Parallel sessions

Auditorium I SS04 - Sponsored Symposium

Auditorium II S12 - Adolescents with special needs

Chairs: D. Apter (Finland) - K. Haldre (Estonia) - E. Deligeoroglou (Greece)

- 13:45 - 14:10 S12.1- Contraception for children with complex medical needs
Paul Wood (UK)

- 14:10 - 14:35 S12.2- Eating disorders and contraception
Kai Haldre (Estonia)

- 14:35 - 15:00 S12.3- Contraception for adolescents with STI risk (including HIV)
Oskari Heikinheimo (Finland)

Auditorium III/IV S13 - Sexuality education across Europe

Chairs: D. Apter (Finland) - C. Winkelmann (Germany) - K. Wylie (WAS)

- 13:45 - 14:10 S13.1- Evaluation of sexuality education - a critical reflection
Evert Ketting (the Netherlands)

- 14:10 - 14:35 S13.2- Sexuality education in Portugal: students, teachers and principals perspectives
Lucia Ramiro (Portugal)

- 14:35 - 15:00 S13.3- Standards for sexuality education in Europe and subsequent implementation
Christine Winkelmann (Germany) - Dan Apter (Finland)

Room 5B/C	<p>S14 - Evidence based practice: fact or fiction? Joint Session ESC and FSRH <i>Chairs: M. Kishen (UK) - C. Wilkinson (UK)</i></p> <p>13:45 - 14:10 S14.1- Evidence based practice: fact or fiction? <i>David Grimes (USA)</i></p> <p>14:10 - 14:35 S14.2- Searching for the evidence: a never ending journey <i>Metin Gülmezoglu (WHO)</i></p> <p>14:35 - 15:00 S14.3- Strategies for effective communication of evidence to our patients <i>Sharon Cameron (UK)</i></p>
Room 5A	FC03 - Free Communication Session 3
<hr/>	
15:15 - 15:45	Break & Poster Viewing
<hr/>	
15:45 - 17:15	Parallel sessions
Auditorium I	<p>S15 - Sexual assault - Standards of care <i>Chairs: A. Webb (UK) - F. Zimmerman (Malta) - H. Missey Kolb (France)</i></p> <p>15:45 - 16:10 S15.1- Comparing sexual assault interventions in Europe, benchmarking tool <i>Karen Hughes (UK)</i></p> <p>16:10 - 16:35 S15.2 - WHO priority to address sexual violence <i>Sethi Dinesh (WHO)</i></p> <p>16:35 - 17:00 S15.3 - Liverpool model: safe place sexual assault referral centre <i>Shelley Stoops (UK)</i></p>
Auditorium II	<p>S16 - Conscientious objection in abortion care: permissible or unacceptable? Session organised by the ESC Expert Group on Abortion <i>Chairs: M. Temmerman (WHO)</i></p> <p>15:45 - 16:07 S16.1- A global view of conscientious objection in abortion care provision <i>Sam Rowlands (UK)</i></p>

16:07 - 16:29 S16.2- Conscientious objection is an unethical refusal to treat

Christian Fiala (Austria) - Joyce Arthur (Canada)

16:29 - 16:51 S16.3- Conscientious objection is a human right in ethically laden issues

Roberto Lertxundi (Spain)

Auditorium III/IV S17 - HPV-infection and vaccination- challenge for sexual and reproductive health?

Chairs: P. Greenhouse (UK) - B. Frey Tirri (Switzerland) - P. Weiss (Czech Republic)

15:45 - 16:10 S17.1- Surveillance of HPV-Infection?

Mireille Merckx (Belgium)

16:10 - 16:35 S17.2- Prior HPV vaccination prevents recurrence of cervical dysplasia after conization

Jorma Paavonen (Finland)

16:35 - 17:00 S17.3- HPV infection with low risk HPV

Gilbert Donders (Belgium) - t.b.c.

Room 5B/C S18 - Endocrinology/PCO

Chairs: S.O. Skouby (Denmark) - V. Vanagiene (Lithuania) - D. Baumane-Auza (Latvia)

15:45 - 16:10 S18.1- Endometriosis and migraine: an overlooked comorbidity

Gabriele Merki (Switzerland)

16:10 - 16:35 S18.2- PCOS and thyroid dysfunction

Simona de Cicco (Italy)

16:35 - 17:00 S18.3- PCOS and thrombogenicity

Sven O. Skouby (Denmark)

Room 5A FC04 - Free Communication Session 4

Young Scientist Session

17:15 - 18:15 **Parallel sessions**

Auditorium I S19 - Medical conditions

Chairs: G. Merki (Switzerland) - L. Erofeeva (Russia) - H. Karro (Estonia)

- 17:15 - 17:30 S19.1- Contraception in women with heart disease
Matthias Greutmann (Switzerland)
- 17:30 - 17:45 S19.2- Is hormonal contraception safe in obese women
– what preparations should we choose?
Jeffrey Jensen (USA)
- 17:45 - 18:00 S19.3- Contraception in women with migraine
Gabriele Merki (Switzerland)

Auditorium II S20 - Permanent contraception

Chairs: D. Michielsen (Belgium) - R. Beerthuizen (the Netherlands)

- 17:15 - 17:30 S20.1- Research in male contraceptive methods:
reversible techniques
Michael Zitzmann (Germany)
- 17:30 - 17:45 S20.2- Female contraception: shift from laparoscopic
to hysteroscopic procedures - efficacy of Essure
Andreas Thurkow (the Netherlands)
- 17:45 - 18:00 S20.3- Regret after permanent sterilisation: prefer LARCS?
Rob Beerthuizen (the Netherlands)

Auditorium III/IV D01 - Pharma and education

Chairs: James Trussell (UK) - Philippe Bouchard (France)
Industry-sponsored research: how to eliminate bias?
U.H. Winkler (Germany) vs. Frans Roumen (the Netherlands)

Room 5B/C Non medics information sharing session

Chair: Shelley Mehigan (UK)

Room 5A Best Poster Session

Auditorium VI/VISS05 - Sponsored Symposium Bayer

Saturday, 31 May 2014

08:30 - 09:00

Auditorium II

KL03 - Keynote lecture 3

Chairs: J. Fontcuberta (Spain) - D. Tassies (Spain) - S. Weyers (Belgium)

Thrombosis

Amparo Santamaria Ortiz (Spain)

09:00 - 10:00

Auditorium II

KS03 - Epidemiology: results and clinical practice

Chairs: M. Oliveira da Silva (Portugal) - P. Hannaford (UK) - I. Sivin (USA)

09:00 - 09:30

KS03.1- Birth cohorts: looking into the future

Henrique de Barros (Portugal)

09:30 - 10:00

KS03.2- Hormonal contraception and breast cancer: state of the art

Björn Lisboa (Germany)

10:00 - 10:30

Break & Poster Viewing

10:30 - 12:00

Auditorium II

S21 - Benefits of contraception & future of contraception (incl. male)

Session organised by the ESC Expert Group on Future of Hormonal and Molecular Contraception

Chairs: D. Serfaty (France) - I. Lete Lasa (Spain)

10:30 - 11:00

S21.1- Benefits of contraception

Inaki Lete Lasa (Spain)

11:00 - 11:15

S21.2- Green contraception: green contraceptive products on the horizon

Diana Blithe (USA)

11:15 - 11:30

S21.3- Is there a future for male contraception?

Regine Sitruk Ware (USA)

11:30 - 11:45

S21.4- Potential future indications for progestin-only contraceptives

Gabriele Merki (Switzerland)

12:00 - 13:00

Auditorium II

Closing session

Hotel Accommodation

Mundiconvenius

Avenida 5 de Outubro, 53-2 | 1050 - 048 Lisbon | Portugal

P: +351 21 315 51 35 | F: +351 21 355 80 02 |

E-mail: esc2014@mundiconvenius.pt

Website: www.esc2014-localpco.com

For hotel, tours, social events and other local arrangements you may contact: Mundiconvenius. Mundiconvenius has made special price arrangements during the ESC congress with hotels in Lisbon. We strongly advise you to book your hotel as soon as possible to guarantee a room in a hotel of your preference: www.esc2014-localpco.com

Stars	Hotel	Location	Single room	Double room
5*	Real Palácio Hotel	City Center	100 Eur	110 Eur
4*	Vila Galé Hotel	Walking distance	160 Eur	160 Eur
4*	Marquês de Pombal Hotel	City center	102 Eur	114 Eur
3*	SANA Capitol	City center	90 Eur	100 Eur
3*	American Diamonds	City center	100 Eur	140 Eur

Real Palácio Hotel

The luxurious five star Real Palácio Hotel is set close to Edward VII Park, in a quiet quarter at the very heart of Lisbon City. Combining comfort, charm and sophistication with the opulence of a 5-star hotel. Originally a seventeenth century palace, this distinguished building has kept its original layout.

Vila Galé Opera Hotel

At the Vila Galé Ópera Hotel, you can feel the music in the air. This hotel basically stands right by the Tagus River. Its proximity to the major tourism attractions of Lisbon makes it even more commendable. This hotel in Lisbon adjoins Lisbon's Congress Centre and the lively nightlife of Lisbon's Docas area. With time to rest in mind, this hotel offers a number of treatments, massages, and a heated indoor pool.



Marquês de Pombal Hotel

The Marquês De Pombal hotel in Lisbon is located in the most prestigious quarter of central Lisbon, Avenida da Liberdade, this first class hotel boasts of its distinguished and contemporary atmosphere and decoration, while offering a perfect blend of excellent accommodation and service, together with the traditional Portuguese hospitality.

SANA Capitol

SANA Capitol Hotel is a hotel, built in 2008, located in the centre of Lisbon. With an irreverent and urban design. SANA Capitol Hotel offers a unique atmosphere, allied to extreme comfort and peace. Near Marquês de Pombal, an area with excellent accessibility whether by car, or public transport, and a few minutes' walk both from the historic centre and business areas.

American Diamonds

The America Diamonds Hotel in Lisbon is located in the heart of the city, next to Marquês de Pombal and Eduardo VII Park. It offers comfortable accommodation in a historical building beautifully restored in the heart of Lisbon contrasting with its modern interior. The America Diamonds Hotel is just a few meters away from the underground station Picoas and other transport networks, which allow an easy access to the center and downtown Lisbon.

Registration

www.eschr.eu/events/esc-events/2014/registration

Online registration

Participants are encouraged to register through the online system, available at www.eschr.eu (events section).

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If you want to register more than 5 participants, please download and complete the group registration file (www.eschr.eu/events/esc-events/2014/registration) and return it to congress@eschr.eu

On-site registrations

While it will be possible to register on site, we do suggest that participants take advantage of the lower fee (early-registration) and of the convenience of registering in advance.

Registration fees

All amounts are payable in euro.

	Before 15 Feb '14	Before 15 April '14	After 15 April '14 or on-site
• ESC members	500	600	700
• Non-members	600	700	800

• Nurses, midwives, social workers, counsellors (non-MD), medical students (*)			
ESC members	180	280	440
Non-members	280	380	540

• Portuguese participants	325	425	585

• Congress Dinner / person	100	100	100

* Provide an official letter to confirm your status



Payment

- by credit card (Mastercard – VISA)
- by bank transfer in EURO (with no costs for the beneficiary)
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Bank name: ING Belgium
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The registration package for the participants includes:

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- access to the opening ceremony
- abstract book
- lunch (Thursday and Friday)
- final programme
- certificate of attendance
- coffee and tea during breaks
- welcome cocktail

Cancellation policy

All refunds will incur a 20% handling fee. No refunds will be made after 1 March, 2014. However, another delegate can be nominated as a replacement. Cancellation must be in writing (by letter, fax, or e-mail) to the Congress Secretariat. The date of postmark will be used when considering a refund. All refunds will be made after the Congress. Participants should state the bank details to which refunds should be made.

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Upon receipt of the registration form(s) with the appropriate fees, confirmation will be sent together with a receipt of payment. Once registered, registrations cannot be changed to another fee category.

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ESC members	<input type="checkbox"/> 180	<input type="checkbox"/> 280	<input type="checkbox"/> 440
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Portuguese participants 325 425 585

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